

Contatta

www.linkedin.com/in/gelsominacetronio (LinkedIn)
instagram.com/minacetronio (Personal)

Competenze principali

Human Nutrition
Diet Planning
Nutrition

Certifications

Registered Dietician (RD)
Registered Dietician (RD)

Gelsomina Cetronio

Senior HCPC Registered Dietitian | Freelance Medical Editor
Londra, Inghilterra, Regno Unito

Riepilogo

Gelsomina is a HCPC Registered Dietitian (n. DT034046) with a keen specialization in Nutrition, holistic well-being, diabetes, and intricate weight management strategies. Fueled by an entrepreneurial spirit, she is fervently dedicated to enlightening individuals and equipping them with the tools to autonomously steward their health. Drawing upon a rich mosaic of experience in both private sectors and academic realms, Gelsomina remains at the forefront of groundbreaking, evidence-based education, which catalyzes not only transformative behavioural shifts but also enriches ongoing research. Within the vanguard of well-being enterprises, Gelsomina crafts bespoke, holistic, and enduring dietary frameworks for her clientele.

Esperienza

DottoreLondon
Senior Dietitian
luglio 2024 - Present (4 mesi)
London Area, United Kingdom

Dottore London is a medical centre for national and international patients living in London that offers consultations with a wide array of specialists, including gynaecologists, paediatricians, dermatologists, orthopedists, neurologists, neurosurgeons, gastroenterologists, endocrinologists, cardiologists, cardiac surgeons, psychiatrists, physiotherapists, ENT specialists, speech therapists, dietitians, and psychotherapists.

As a Dietitian at Dottore London, I provide personalized consultations for individuals in good health and managing various medical conditions. My services include creating customized nutrition plans that address each patient's unique dietary needs. Additionally, I conduct bioimpedance analysis to ensure a comprehensive understanding of their health status.

Fitprime - Wellbeing Made Easy
Senior Dietitian / Team Lead
giugno 2022 - Present (2 anni 5 mesi)

London, England, United Kingdom

Fitprime is a groundbreaking healthcare startup revolutionizing the health and sports world. As a Senior Medical Consultant, I offer personalized video consultations for our B2B clients and provide tailored nutrition plans to support their specific dietary needs. I lead a team of 20 nutritionists, ensuring that our clients receive the best possible guidance and support. I'll be with patients every step of the way, ensuring their health journey stays on course.

Diet Mina

Principal Dietitian

2017 - Present (7 anni)

As the leader overseeing 120+ patients on their weight-loss journeys, I provided personalized care, conducted bioimpedance analysis, and managed the practice's admin aspects. My skills included organization, communication, business management, and regulatory compliance, contributing to holistic wellness.

Melarossa.it la tua dieta personalizzata

Medical Freelance Editor

giugno 2021 - giugno 2023 (2 anni 1 mese)

London

In partnership with Melarossa, I've authored numerous scientifically-grounded articles in the fields of wellness, nutrition, and healthcare. My role encompassed content creation and SEO optimization, providing users with informative resources on nutrition and health.

Oreegano

Senior Dietitian

settembre 2021 - giugno 2022 (10 mesi)

London, England, United Kingdom

At Oreegano, I'm part of a health-conscious start-up that's all about helping people eat better. My main gig is assisting our B2C customers through video chats, where I create personalized meal plans to support their health goals. I also manage a database of food plans for weight management and health conditions, cook up healthy recipes, and offer nutritional advice. Additionally, I handle customer inquiries and work with the marketing team to create engaging content that promotes healthy eating. I'm here to make healthy eating simple and enjoyable for our clients.

Neafit srl

Senior Dietitian

ottobre 2017 - giugno 2021 (3 anni 9 mesi)

Naples, Campania, Italy

Neafit is a medical clinic specializing in weight management and obesity. Our team includes dietitians, biologists, and personal trainers who create personalized diet and exercise programs. We use advanced infrared and blue-LED machines for effective results. I also led a team of researchers from Federico II University's engineering department to develop innovative weight loss tools and methods.

CENTRO GENESY SRL

Clinical Dietitian

ottobre 2016 - maggio 2017 (8 mesi)

Vicenza, Veneto, Italy

Genesy is a leading medical center specializing in the treatment of obesity, bariatric issues, and BED (Binge Eating Disorder). Our comprehensive approach encompasses a range of dietary therapies, including the ketogenic diet, 3emme method, controlled fasting, Atkins diet, and hypoglucide diet. I collaborated closely with Dr. Fabio Chemello, our esteemed Healthcare Director, alongside therapists, aesthetic medicine specialists, and bariatric surgeons, in our commitment to holistic patient care and transformation.

Arkopharma

Dietitian

giugno 2016 - ottobre 2016 (5 mesi)

Salerno, Campania, Italy

I was a nutrition consultant who worked in partner pharmacies, collaborating with Arkopharma, a leading European pharmaceutical company specializing in plant-based treatments. I provided personalized dietary advice, promoted natural supplements for weight management, and developed skills in evidence-based guidance, effective sales, and holistic health approaches.

Formazione

Università degli Studi di Napoli 'Federico II'

Master of Science, in Human Nutrition, Dietetics/Dietitian · (2013 - 2015)

Università degli Studi di Napoli 'Federico II'

Bachelor of Science, Food and Health, Dietetics/Dietitian · (2009 - 2013)